

# THE RIDGE RAMBLER



**Red Flag Alert:  
Postpone all  
outdoor  
Burning**

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## The Newsletter for the Rambling Ridge Community

November 17<sup>th</sup> 2025 Page 1 of 4

*(Our monthly newsletter is moving to mid month release time frame)*

## Hello, Neighbors!

Fall has officially rolled into Rambling Ridge! The trees are doing their annual wardrobe change, the air is crisp, and it's cozy-season. Sweater weather, raking and leaf blowing, baking, enjoying more time outside are on the to do lists.

With Thanksgiving just around the corner, it's hard not to feel that familiar tug toward gratitude. Maybe it's the slower pace, maybe it's the comfort food in our future, or maybe it's simply the reminder that we get to share this little corner of the world with people who look out for each other. It's a good season to take stock: the small acts of kindness exchanged, the neighbors who wave from their driveways, not because they have big news, but simply because that's what we do here — those little check-ins that make the place feel lived-in and looked-after.

As we head into the holiday weeks, here's to savoring the simple things....cool evenings, warm kitchens, and the community that makes Rambling Ridge feel like home.

**The National Weather Service has issued a  
\*\*RED FLAG WARNING \*\*  
for all North Carolina counties.**

A red flag warning means that critical fire weather conditions are either occurring now or will shortly. A combination of strong winds, low relative humidity and warm temperatures will create dangerous fire behavior. Fire danger is elevated across the state.

While open burning is permitted during a red flag, it is NOT advised. Please postpone all outdoor burning.

# THE RIDGE RAMBLER

The Social Scene

November 17th, 2025 Page 2 of 4

## Dining Out

December Dining out will be at  
**Deluxe Social House on Main Street in Hendersonville**  
(previously the Black Rose) 220 N. Main St.

**Thursday, December 11th at 6 pm.**

See their menu [HERE](#)

Please RSVP to Linda Heller by December 1st!

[ramblingridgehoa@gmail.com](mailto:ramblingridgehoa@gmail.com)



*The Rambling Ridge Dining Out was established over 25 years ago as part of the social part of our HOA. It is a great way to get to know your neighbors and enjoy trying new restaurants around our area. Dining out is once a quarter, most often dinner although we have had breakfast and brunches, too!*

OUR RAMBLING READERS LITTLE LIBRARY  
IS IN NEED OF BOOKS!

IF YOU HAVE SOME READY TO LEAVE YOUR NOOK,  
ADD THEM TO THE LIBRARY AT WHIPPOORWILL!



## December Ladies Lunch Bunch

will be at Root & Bone

4165 Brevard Rd in Horse Shoe

Wednesday, Dec 10<sup>th</sup> @11:30

To see menu, [click HERE](#)

*Yes! We will be having our ornament exchange! See email invite for details*

Please rsvp to Linda Heller by Dec 8th

[ramblingridgehoa@gmail.com](mailto:ramblingridgehoa@gmail.com)



## Rambling Rowdies Guys Night Out

will be at Big Mike's BBQ

December 3rd at 6 pm

(over 21 please)

4176 Haywood Road in Mills River

Phone: [\(828\) 329-7558](tel:8283297558)

RSVP to Matt Heller

[mattheller2668@gmail.com](mailto:mattheller2668@gmail.com)

# THE RIDGE RAMBLER



Don't forget adding houseplants when you're craving a little cold weather color! African violets are show-offs this time of year, and they come in just about every shade you could want. They're pretty low-maintenance, too but if yours are being dramatic, there are a few simple tricks to keep them blooming happily. Here is an article and video for [six steps to keep your African violets blooming.](#)



If you want something almost impossible to kill, a 'Neon' pothos might be for you. The bright chartreuse leaves bring instant life to a room and all it

really asks for is some indirect light and the occasional drink of water. Dracaena, Rex begonias, and more African violets can also keep you company indoors while the outdoor garden takes its winter nap.

So even when the temperatures drop, you can still have pockets of color brightening up your home.

Here is an article from BB Barns for dining inside and outside color: <https://bbbarns.com/garden-blog/planting-for-winter-color-in-your-yard-and-garden/>



## Leaf It Alone: Nature Thanks You for Doing Nothing

As the trees Drop their last leaves, the instinct is to rake everything into tidy piles and make the yard look "finished." But here's a little secret...we don't have to! A thin layer of fallen leaves becomes winter housing for all kinds of beneficial critters — from fireflies to tiny native bees, ladybugs, butterflies, and the little decomposers that keep our soil healthy.

What looks like yard clutter to us is basically a cozy blanket fort for the mini-wildlife that keeps our ecosystem humming. Leaving some leaves around the edges of your yard, under shrubs, or in natural corners can make a real difference. Birds love scratching through them for food, turtles and toads appreciate the cover, and your spring garden will thank you for the nutrient-rich soil that leaf litter creates.

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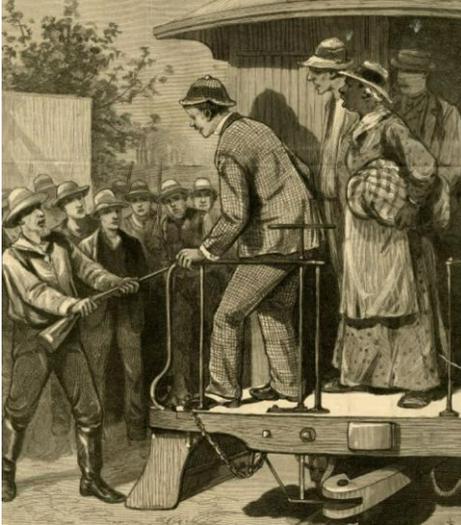
November 17th 2025 Page 4 of 4

## *Backroads & Beginnings: Local Legends*

We live in an area rich with history! Hendersonville played a very important role in 1888 with one local man, Dr. Mitchell Campbell King.

Born in Charleston, SC, King studied medicine there as well as in Europe. His family spent cooler summers in Flat Rock and in 1840, Dr. King purchased 293 acres there from his father to build his family estate, Glenroy (now Kenmure). He moved full time to Glenroy by 1850 and had a medical practice for over 50 years, traveling all over the mountains to help the sick.

In 1888, news spread like wildfire about a plague in Jacksonville, Florida. They called it Yellow Jack. Later called Yellow Fever, hundreds of lives were lost each week. People began to panic as it spread house to house. They locked their doors, did not travel into town or on trains. Stores closed and nearby states closed off their borders. They believed the Yellow Jack was transmitted by contact with an infected person. Dr. King had seen this epidemic before in South Carolina. But why hadn't the plague arrived in the western Carolinas? He began to wonder if the high altitude held the answer.



Dr. King met with leaders from Henderson County to propose a risky plan to transport 1000 sick people to Hendersonville. Many were conflicted as you can imagine! Families with children were begging to get on the free train, even though it would be treacherous. Windows were nailed shut and the train was not allowed to stop, not even for water. Fear drove some to throw people off the train if they appeared too sick.

As the Fever Train pulled into the Hendersonville train depot, the sick passengers (now called refugees) were not quarantined but given food, shelter and lots of clean mountain air. They stayed in boarding houses, hotels, and kind homeowners.

So what happened? The disease didn't spread and Dr. Mitchell's instincts proved right. Yellow Fever was caused by a certain mosquito only in hot, humid areas. His work became a turning point as nearby communities followed Hendersonville's example, choosing compassion over fear to those in need.



Enjoy the full story on YouTube [HERE](#)